

Make-A-Wish Foundation®  
811 First Avenue, Suite 520  
Seattle, WA 98104  
206.623.5300  
800.304.WISH  
206.623.5333 fax  
www.northwestwishes.org



M E D I A A D V I S O R Y

**FOR IMMEDIATE RELEASE**

July 6, 2010

## **SAVE THE DATE FOR MAKE-A-WISH FOUNDATION'S® WALK FOR WISHES**

### ***WHO & WHAT***

Join the Make-A-Wish Foundation, the nonprofit that grants wishes to children with life-threatening medical conditions, for its second annual Walk for Wishes! This family-friendly 5K walk will provide participants with an opportunity to enjoy a beautiful summer morning while getting some exercise and helping a great cause. Walkers of all fitness levels and ages are welcome to attend. The course is conducive to strollers.

Highlights of the Walk include:

- Food and beverages
- Children's entertainment
- Prizes for the top individual fundraiser and the top fundraising team

Registration details:

- The cost is \$25 prior to July 27th and \$40 thereafter. Walkers are also encouraged to fundraise by obtaining donations from family, friends, co-workers, neighbors, etc. and if they register online they can create their own fundraising Webpage.
- Online registration or a downloadable registration form is now available at <http://nwmakeawish.kintera.org/walkforwishes>
- Registered walkers will receive a t-shirt the morning of

For more information about the event or sponsorships, contact Dayna Russell at 206.623.5307 or [dayna@nwwishes.org](mailto:dayna@nwwishes.org).

### ***WHERE & WHEN***

**Sunday, August 15, 2010**

Registration at 8:45 a.m. followed by Walk at 9:30 a.m.

Lunch at 11 a.m.

#### **Mirabeau Meadows (Spokane Walk)**

13500 E. Mirabeau Pkwy  
Spokane, WA 99216

### ***WHY***

The Make-A-Wish Foundation of Alaska, Montana, Northern Idaho and Washington grants the wishes of children with life-threatening medical conditions to enrich the human experience with hope, strength and joy. Since its inception in 1986, the chapter has granted over 4,250 wishes to children in the Northwest and will grant 340 wishes this year. For more information about the Foundation, including how you can help *share the power of a wish*® contact us at 800.304.WISH or visit our Web site at [www.northwestwishes.org](http://www.northwestwishes.org).

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